LUDLOW TUART FOREST RESTORATION GROUP

Fight the Bite

Mosquito safety at the Ludlow Forest RV Park

Mosquitoes here can carry Ross River virus and Barmah Forest virus.

There is no vaccine or cure, and recovery can take months. The best protection is not getting bitten.

PEAK SEASON
July to December
and after heavy summer rain

WORST TIMES
Dawn and dusk
and in shady, sheltered spots

HOW FAR THEY FLY
Up to 10 km
from the coastal wetlands nearby

Protect yourself

Use repellent
Apply an insect repellent containing DEET or picaridin to all exposed skin. Reapply as the label says.

Cover up
Wear long, loose, light-coloured clothing, especially at dawn and dusk.

Time your outings
Limit time outdoors at dawn and dusk. Take extra care on your dusk possum walk.

Keep them out
Keep van screens and doors closed. Use a mosquito net if you sleep in an awning or tent.

Around your campsite

- Mosquitoes can breed in a week in any water left standing. Don't leave water in buckets, bowls, tarps or tyres.
- Empty your dog's water bowl each evening and refill it fresh.
- Repellent coils and devices help in sheltered areas but don't replace repellent on your skin.

Feeling unwell after your stay?

Joint pain or swelling, a rash, fever or tiredness can be signs of a mosquito-borne virus. See your doctor and tell them you have been bitten in the South West. For health advice any time, call healthdirect on 1800 022 222.

EMERGENCY
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CAMPGROUND CONTACT
0427 842 841

BUSSELTON HOSPITAL
9753 6000

Ludlow Tuart Forest Restoration Group · ludlowtuartforest.org.au
Based on the Shire of Capel Mosquito Management Plan and the WA Department of Health Fight the Bite campaign.

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